



# **MOTIVATIONAL MAGIC & OTHER MOJO MAKING TRICKS**

Further Reading and Viewing

#### **OWW and WOW Brain**

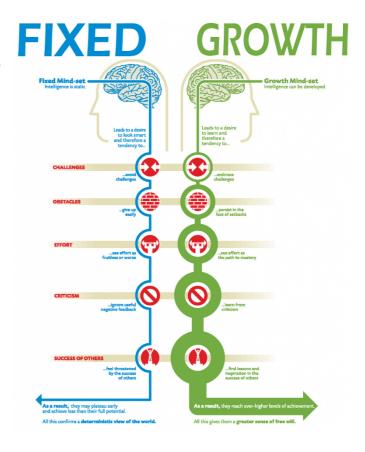
Stanford Professor, Carol Dweck researches "growth mindset" — the idea that we can grow our brain's capacity to learn and to solve problems. She describes two kinds of mindset that influence how we think: the fixed mindset and the growth mindset.

#### You can test your mindset:

http://mindsetonline.com/testyourmindset/step1.php

Read: The New Psychology of Success, Feb 2006

Watch: <a href="https://www.youtube.com/watch?v=hiiEeMN7vbQ">https://www.youtube.com/watch?v=hiiEeMN7vbQ</a>



### **MOTIVATIONAL MAGIC**

#### SCARF MODEL: Status | Certainty | Autonomy | Relatedness | Fairness

David Rock developed the SCARF model to help leaders connect and coach more powerfully. For more about David Rock's work check out: <a href="http://www.davidrock.net/resources/">http://www.davidrock.net/resources/</a>

#### **TRIGGERS**

Marshall Goldsmith is a legendary executive coach and has a practical approach to understanding triggers that help and hinder our motivation. Check out: <a href="http://www.triggersthebook.com/">http://www.triggersthebook.com/</a>



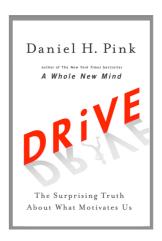


### **Drive**

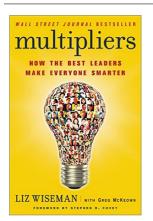
Purpose | Autonomy | Mastery

**WATCH:** Dan Pink's work on what motivates us at work is summarised in this short animated video. <a href="https://www.youtube.com/watch?v=u6XAPnuFjlc">https://www.youtube.com/watch?v=u6XAPnuFjlc</a>

**READ:** http://www.danpink.com/books/drive/



#### **MAGIC TOUCH**



**MULIPLIERS** - Liz Wiseman's work on Multipliers: How the Best Leaders Make Everyone Smarter.

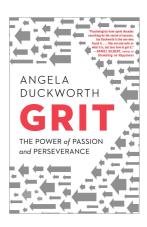
#### **READ & WATCH:**

http://thewisemangroup.com/videos/book-trailers/

**GRIT** - Angela Lee Duckworth's work on GRIT [Passion + Persistence = SUCCESS]

#### **WATCH:**

https://www.ted.com/talks/angela\_lee\_duckworth\_the\_key\_to\_success\_grit?language=en



## WANT MORE LEADERSHIP SMARTS?

Contact: www.julietreanor.com/magic | julie@julietreanor.com | 027 664 6335